You have the right to:

Charter of Rights

Access job training

Have contact with your family

Access school or education that is right for you

Privacy

Live in a place that best meets your needs and respects your cultural background

Have regular reviews to see how you are going in care

Be involved in planning the kind of support and assistance you may need after leaving care, like where you will live, help from Centrelink, job training and education

Live in a safe and stable place

Be given information about decisions and plans made about your life and your time in care

Case Study

How can a Child Advocate help?

Did you know?

The Department of Child Safety needs to make sure that your care team achieves the following standards:

- Your dignity and rights will be respected
- Your physical needs will be met, including food, clothes, shelter
- Your emotional needs will be considered, including the need to feel valued and have a positive self-regard
- Your cultural and ethnic needs will be met
- You will have access to services and activities that encourage your growth
- You will receive education, training or employment opportunities relevant to your age and ability

- You will receive positive guidance about your behaviour in a way that doesn't make you feel humiliated, threatened or frightened
- Any dental, medical and counselling services will be offered to you
- You will be given the opportunity to have contact with your family and others who are important in your life
- If you have a disability, specialised care and help will be provided to you

(This has been adapted from the Standards of Care for young people in the care of Child Safety Services Queensland, which you can view on their website.)

How can the OPG help you?

The OPG’s Community Visitors and Child Advocates are here to help you!

- Do you need help and support with:
  - having a voice in the things that are important to you?
  - any concerns that you have?
  - information or advice about your rights while in care?

The OPG is independent from Child Safety and is here just for you!

There is no wrong way to contact the OPG. No matter how you choose to get in contact with us, we will find the best person to help.
DARKNESS

SHINE

STARS

DON'T

WITHOUT